**Values and Commitments**

August 11, 2015
RVUSD

* First do no harm
	+ Pause, time to think, think about the outcome
* Empathy, Kindness, Respect, humor
	+ Trying to help, not hurt
	+ Being accepting of others
	+ Being inclusive
	+ Watching out for others
* Kindness, connection
	+ Smile, greeting
* Integrity
	+ Open honest communication
* Love
	+ Listen with an open heart
* Growth, willing to grow!
	+ Striving to do your best
* Risk-taking, autonomy, respect
	+ Listening with your heart
* Reflective, Positive regard (UPR), genuine, empathetic, unconditional
	+ Taking time to really see/hear others
	+ Listen to hear, not to respond
* Non-judgmental, unconditional
	+ Listen, even when you are mad
* Love, Kindness
	+ Willingness to take risks and lots of hugs
* Respect, empathy, kindness, creativity, honesty, responsibility, integrity
	+ Using please and thank you tool
	+ Listening attentively while someone is speaking
* Understanding, mutual respect
	+ Listen
* Respect
	+ Listening(really listening)
	+ Follow “rules”
	+ Empathetic
* Empathy
	+ Kindness
* Positivity and respect ☺
	+ Best effort
	+ Trying/putting forth something
	+ Smile
* Bright words
* Respect
	+ Give it to receive it
* Kindness
	+ Finding ways to help each other
* Kindness
* Integrity
	+ Tell the truth
* Compassion, empathy, tolerance
	+ Being available to others
* Empathy
	+ A student apologizing
	+ A student sticking up for another student
* Responsibility
	+ Owe it!
* Honesty
	+ Communication dealing with the elephant in the room
* Honesty, integrity, individuality, perseverance, respect, creativity
	+ Listening without judgement
	+ Accepting everyone for who they are
	+ Assuming positive intent
* Community
	+ Helping others without expecting a reward – just because it is good for the community
* Mutual respect
	+ Listening when others are talking
	+ Conscientious feelings
* Kindness, trustworthy
	+ Thinking of other’s feelings
* Trustworthy and safe
	+ Being true to your word-being present, available
* Love
	+ Selflessness- a tireless pursuit towards for or with something of a core value
* Kindness, love, trust, honor, respect
	+ Listening attentively when someone is speaking
* Genuine
	+ Eye contact