When responding to conflict, a restorative approach consists in asking the following key questions:

1. From your perspective, what happened?
2. What were you thinking and feeling at the time?
3. What have you thought about or felt since then?
4. Who has been affected by what happened and how?
5. What about this has been the hardest for you?
6. What do you think needs to be done to make things as right as possible?
Sample Questions/Topics for Community Building

CIRCLES

Example Circle Guidelines:
• Respect the talking piece: everyone listens, everyone has a turn.
• Speak from the heart: your truth, your perspectives, your experience.
• Listen from the heart: let go of stories that make it hard to hear each other.
• Trust that you will know what to say: no need to rehearse.
• Say just enough: without feeling rushed, be concise and considerate of the time of others.

Getting Acquainted
• Share a happy childhood memory
• If you could be a superhero, what super powers would you choose and why?
• How would your best friend describe you?
• What would you not want to change about your life?
• If you had an unexpected free day, what would you like to do?
• If you were an animal, what animal would you be and why?
• Name one thing or person who always makes you laugh.
• What do you like to collect?
• If you could have a face to face conversation with anyone, who would it be and why?
• Describe your favorite weekend activity.
• Describe your favorite place.
• If you could change anything about yourself what would it be?
• What is your favorite color?
• What is your favorite thing to eat?
• What is your favorite movie?

Check-in Circle
• How are you feeling today?
• What was a highlight or a low point of your evening/weekend?
• What is something that you are looking forward to today or this week?
• What is one thing you would like to accomplish today?
• What was the biggest challenge you had in completing your homework?

Check-out Circle
• What was your favorite thing about today?
• What are you looking forward to the rest of the day, this evening, or this weekend?
• Give a compliment to someone for something they did well this week.
• Talk about one of your academic goals, and how you furthered that in class.
• Tell something fun or funny that happened to you today.

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